



PeakYOU

A tailored program designed to make meeting your physical and cognitive performance goals as successful and convenient as possible.

PeakYOU features exclusive 75 minute one-on-one (1:1) sessions as often as your goals and health require. PeakMIND and other advanced electroacupuncture techniques combined with Proteus Motion assessments, lifestyle support, and ongoing data tracking support your ability to assess and adapt lifestyle factors to ensure you feel and perform your best everyday.

Working together, we will develop a flexible plan that meets your performance, health, and scheduling needs.

FEATURES	DETAILS
1:1 Care	Exclusive 75 minute 1:1 sessions to provide focused care without any interruptions
Tailored Plan	Individualized care plan developed together to meet your goals and evolving needs
Neuroperformance Tracking	Monitoring of objective performance metrics like balance, dynamic vision, autonomics, and other neuroperformance markers
WAVi EEGs	Advanced brain scans with actionable, easy-to-read reports
Lifestyle Support	Symptom and goal-based recommendations with exclusive online dispensary pricing; hyperindividualize supplementation and nutrition with lab testing as desired
Telehealth Monitoring	Access to mobile neuroperformance and autonomic assessments for continuous support
DŌJŌ	Unlimited access to the DŌJŌ for selfcare, with options for private visits and instruction
Proteus Motion	Unlimited access to Proteus Motion for training, performance and strength assessments, and individualized resistance routines
Lifetime Benefits	Maintain lifetime access to online booking and online dispensary discounts